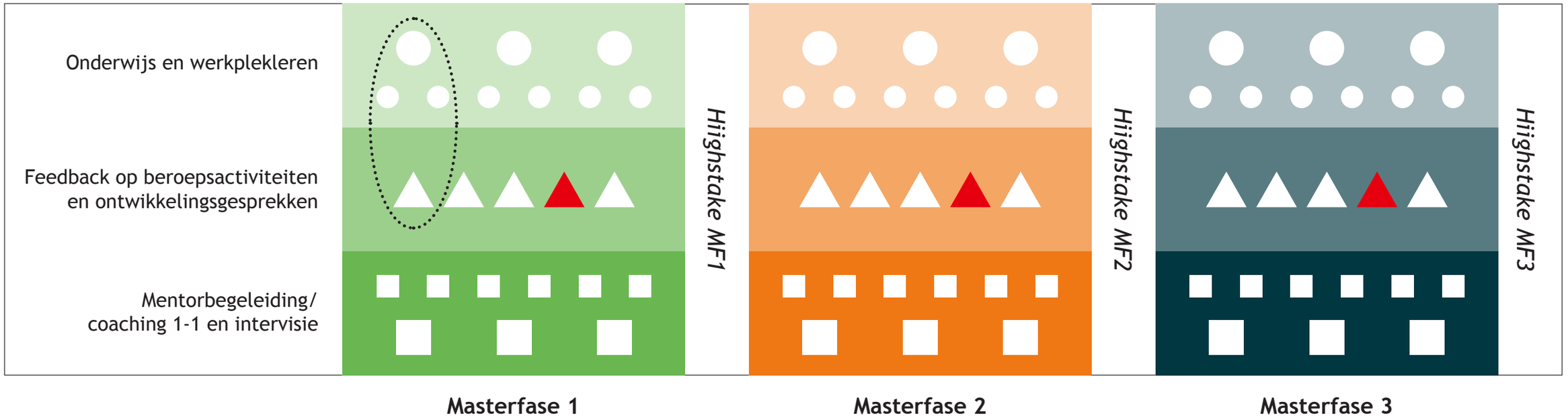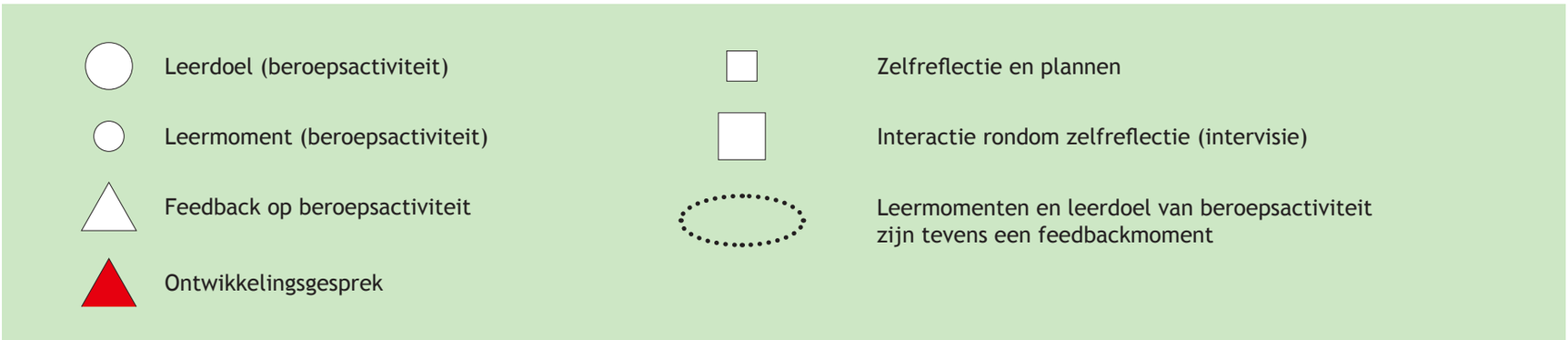Programmatisch toetsen